

Lecture Listening Comprehension EXAMPLE

Aim: To develop the students' ability to listen to a long lecture, to take notes, use those notes to answer a number of comprehension questions and then reflect on the lecture critically.

Lesson Time: Approximately 2:00 hours

Lead in

- Ask Students to read the 'title' & predict the content of the lecture.
- Ask students to write down key terms & language from the discussion.
- Feed in / check key vocabulary.

Differentiation

Challenging

1. Students listen once & take notes (*Use the blank note-taking page or page with sub-headings*).
2. Give 5 minutes to tidy notes.
3. Listen again & add to notes (use a different colour pen).
4. Distribute questions. Set 30 minutes to answer using their notes.
5. Feedback: Distribute or project **ANSWERS**.

Medium

1. Students listen once & take notes (*Use the blank note-taking page or page with sub-headings*).
2. Distribute questions. Set 20 minutes to answer using their notes.
3. Listen again. Students answer the missed questions as they listen.
4. Give an extra 10 minutes to consolidate answers.
5. Feedback: Distribute or project **ANSWERS**.

Easier

1. Distribute questions. Students have 15 minutes to read the questions.
2. Students listen & answer the questions.
3. Give 10 minutes to tidy answers.
4. Students listen again. Check answers & answer missed questions.
5. Give 10-15 minutes to tidy answers.
6. Feedback: Distribute or project **ANSWERS**.

Critical thinking questions

Option 1: Students individually reflect on the questions, make notes of their responses and write a short critical response paragraph to submit for teacher or peer feedback.

Option 2: Students ask and answer the questions in small groups.

Full URL Link:

Video: <http://www.youtube.com/watch?v=Oldcxc50sWl>

Natural strategies for high-ranking health **EXAMPLE**

Author: Dr Stephen Devries

University: Northwestern University

Subject: Medicine (Cardiology)

Title: Integrative approaches to prevent heart disease

Date: May 2013

Time: 40:00 + questions to speaker

Level: **** * [B2/C1]

Link: <http://www.youtube.com/watch?v=Oldcxc5OsWI>

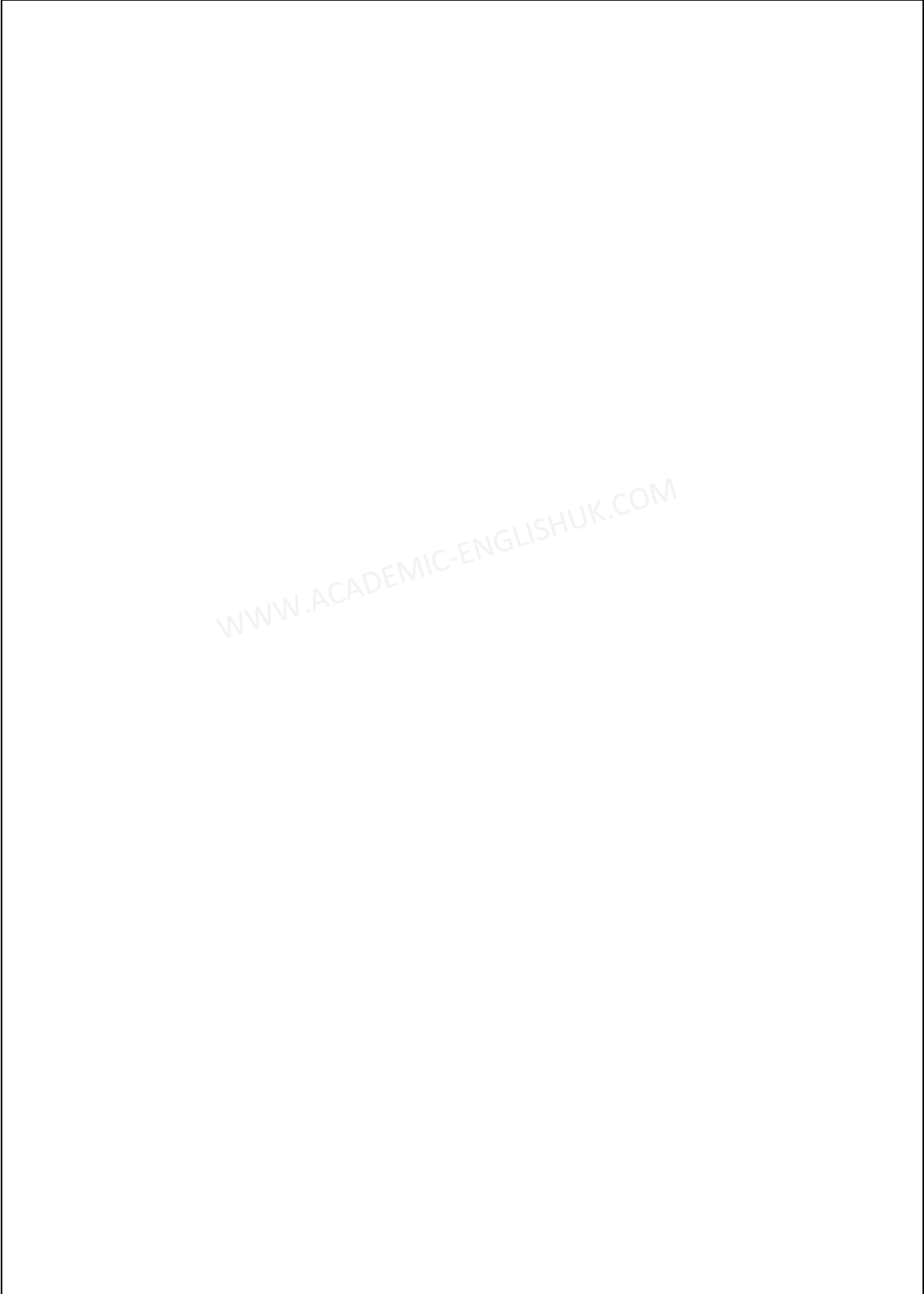
Check these words before listening:

Key vocabulary

1. Intuition
2. Optimal health
3. [REDACTED]
4. Cardiology
5. Blood vessels
6. [REDACTED]
7. Preventive medicine
8. Mediterranean diet
9. [REDACTED]
10. Green leafy vegetables
11. Asthma
12. [REDACTED]
13. Antioxidants
14. Carbohydrates
15. [REDACTED]
16. Glycaemic load
17. [REDACTED]
18. Phytosterol
19. [REDACTED]
20. Monosaturated fat
21. [REDACTED]
22. CAD (Coronary Artery Disease)
23. Nutrition
24. Physiological [REDACTED]
25. Biophilia
26. [REDACTED]
27. Systolic BP

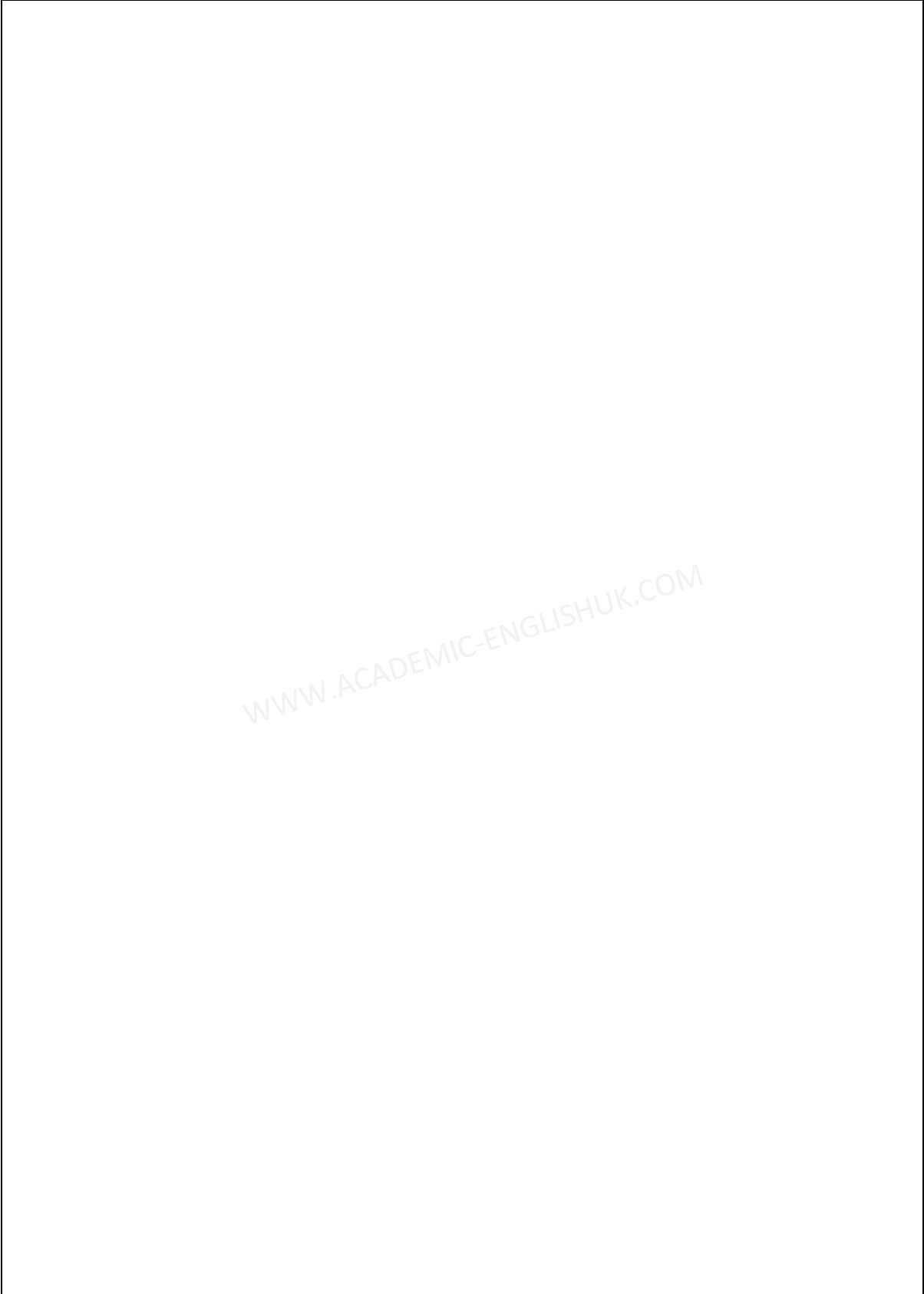
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Note-taking Page (Blank) Page 1 EXAMPLE



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Note-taking Page (Blank) Page 2 EXAMPLE



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1. Introduction

2. Mediterranean Diet: [REDACTED]

3. Carbohydrates

4. [REDACTED]

5. [REDACTED]

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6. Nutrition on modern medicine

7. [REDACTED]

8. Mind [REDACTED]

9. [REDACTED]

10. Summary

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Natural strategies for high-ranking health - Dr Stephen Devries **EXAMPLE**

Use your notes to answer the following questions using the sections headings to help you.

1. Introduction

1.1 How is Google connected to the perfect place for optimal health?

1.2 What is the outline of his talk?

1.3. What is the [redacted] and what are the risk cuts?

2. Mediterranean Diet: Lyon Heart Study

2.1. What was the study using the Mediterranean diet? And the results?

2.2. What is the important point about [redacted] ?

2.3. How should [redacted] ?

2.4. Discuss the relevance of [redacted] spinach.

2.5. What is significant about blueberries and strawberries?

3. Carbohydrates

3.1. Discuss carbohydrates, [REDACTED]

4. [REDACTED]

4.1. What are some examples of whole grains.

4.2. What is misleading [REDACTED] ?

5. [REDACTED]

5.1. What are the four nutritional parts to nuts and what has the research proven?

5.2. Many people, who are [REDACTED] What was the advice?

6. [REDACTED] **modern medicine**

6.1. Why is nutrition not part of [REDACTED]

6.2. What is the Gable [REDACTED] cardiologists?

7. [REDACTED]

7.1. What was said about how exercise helps [REDACTED]

8. Mind and body connection

8.1. What has the research shown in [redacted] ?

8.2. Does meditation help?

9. Biophilia

9.1. What is 'biophilia'?

9.2. What is the connection between [redacted] ?

9.3. Do [redacted] pressure?

10. Summary

10.1. What was the overall summary?

Critical thinking: *What do you think of this lecture? Has anything surprised you? If so, what? what was missing from the lecture? Did [redacted]? Can you really use rabbits as an example for social interaction? Don't we already know that nutrition is key to a [redacted] people [redacted]? Are we too reliant on medicine and doctors? Why don't doctors suggest food and nutrition as a treatment? Governments [redacted] and [redacted]? what could be the real underlying problem? anything else?*

Natural strategies for high-ranking health **ANSWERS**

1. Introduction

1.1. How is Google connected to the perfect place for optimal health?

Lots in common in people searching for health answers and health follows similar algorithms and ranking. Ranking: nutrition and quality links (mind and body).

1.2. What is the outline of his talk?

To express that traditional medicine is not front and centre. Discuss the ideas of modern cardiology and establish and promote education of natural approaches (nutrition and mind and body) through the non-profit organisation of Gaples Institute.

1.3. What is the priority in cardiology at the moment and what are the risk cuts?

'Stents' which are devices that prop open blood vessels. However, the risk cut is 0% in preventing a heart attack

ALL ANSWERS INCLUDED IN PAID VERSION...