

AE Academic English UK

Error Correction



Sports Nutrition

Referencing (Ref)

EXAMPLE

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Error Correction

Aim: To provide students with the practice on identifying common errors, so they are able to understand the teacher's feedback as well as develop the skills required to edit their own writing. For this session, the focus is on referencing (Ref), and the type of referencing is Harvard.

Important note: There are many variations of Harvard referencing so always check with the university library to see exactly which variation the students should use.

Time: 45-60 minutes

Lead in

- Ask students to discuss the questions in pairs or small groups. If the topic is completely new, allow ten minutes to conduct some research first.

Task 1

- Check students understand what referencing (Ref) means.
- Students complete the sentence-level '**Error Correction Practice: Referencing (Ref)**' individually before comparing their answers with a partner or small group.
- Feedback: Distribute or project **ANSWERS**.

Task 2

There are two options for this task. Decide which one would be better for the level of your students.

- **Option 1 (Worksheet 1):** This is a scaffolded approach in that the text contains the referencing (Ref) code within the article, so the students know exactly where each error is.
- **Option 2 (Worksheet 2):** This is an un-scaffolded approach in that the text does not contain the referencing (Ref) code within the article, so the students will have to conduct a closer analysis to find the errors.

Worksheet 1: Guided (30 minutes)

- Students analyse the ten errors in the given text. They complete the given table of the error, the reason why it is incorrect and the corrected version.
- Allow students time to compare with their partner(s) before giving out the answers.
- Feedback: Distribute or project **ANSWERS**.

Worksheet 2: More challenging (30 minutes)

- Students identify and correct the ten errors in the given text. They complete the given table of the error, the reason why it is incorrect and the corrected version.
- Allow students time to compare with their partner(s) before giving out the answers.
- Feedback: Distribute or project **ANSWERS**.

Differentiation

- For mixed ability classes, students can be provided with the worksheet that suits their ability.

Task 3

- Students look through their previous feedback and identify the errors they have made with referencing (Ref). They then complete the '**Error Correction Diary**' with the error, the reason for the mistake and the correction.

Sports Nutrition EXAMPLE

Lead in

Discuss these questions with a partner or small group:

1. What do you know about sports nutrition?
2. What are some [redacted] ?
3. What [redacted] ?
4. How will sports nutrition change in the future?

You are going to read sentences and an article about sports nutrition and identify the errors with referencing (Ref). [redacted], such as quotation marks and [redacted].

[redacted]. Look up these words before you start if you are not sure how they are used.

Error Correction Practice: Referencing (Ref)

Task 1

Read the following five sentences and identify the ten errors with referencing (Ref).

Compare with your partner(s) when you have finished.

	Referencing Errors	Rewrite
1.	[redacted] meeting the training requirements of [redacted] participants or elite performers.	
2.	[redacted] plays a vital role in sports performance by [redacted] muscle repair.	
3.	One way that fitness fanatics increase their [redacted] powders, which can build muscle and boost [redacted]	
4.	As Katherine points out, one benefit of protein powders is that they are convenient and filling.	
5.	[redacted] protein can lead to health issues such as [redacted] bloating!	

Reference List

BDA The Association of UK dietitians, (2020). Sport and exercise. [online]. Available from:

<https://www.bda.uk.com/resource/sport-exercise-nutrition.html> [Accessed 03.02.2025].

British Nutrition Foundation, (2025). Sport and exercise. [online]. Available from:

<https://www.nutrition.org.uk/creating-a-healthy-diet/sport-and-exercise/> [Accessed 03.02.2025].

Dillinger, K, (2018). *Protein powders pros and cons: What to know and what to watch out for*. Available from:

<https://edition.cnn.com/2017/12/06/health/protein-powder-pros-cons/index.html> [Accessed 03.02.2025].

Thompson, G. (2024). *Is protein powder healthy? Here's what a dietitian says*. [online].

<https://www.eatingwell.com/article/7913676/is-protein-powder-healthy/> [Accessed 03.02.2025].

Worksheet 1: Sports Nutrition (Kennedy, 2024) EXAMPLE

Task 2

Read the following text and correct the ten errors. Complete the table below of the error, the reason why it is incorrect and your correction. Compare with your partner(s) when you have finished.

There is mounting concern over the true benefits of [redacted] used as a [redacted]. As many adults do not meet the recommended daily allowance of 0.8g of protein per kilogram of weight, many look for other ways to increase their protein intake through powdered forms of plants, [redacted] (2024). Although protein is crucial for maintaining muscle and bone strength, too much protein could damage your [redacted] often contain high [redacted] been reported that one scoop of protein powder alone contains 23g of sugar, which is almost as much as one should consume in a day [redacted] levels are not always stated on the packaging either (Harvard Health Publishing, 2022, ^{Ref} Hirschfield, 2022 ^{Ref}). This is because they are generally unregulated, meaning that the powders are not required to undergo testing to make sure [redacted] the ingredients [redacted] include caffeine, sweeteners and creatine, which can increase the risk of dehydration, muscle cramps and weight gain, [redacted], a study in 2018 reported that 75% of protein powders tested contained harmful toxins, metals and [redacted] (2024) with one protein powder consisting of “25 times the allowed limit of bisphenol-A”, according to [redacted] recommended that a diet rich in nuts, seeds, legumes, lean meat and oily fish can provide enough protein to [redacted] 2022;

References

Harvard Health Publishing, (2022). *The hidden dangers of protein powders* [online]. Available at: <https://www.health.harvard.edu/staying-healthy/the-hidden-dangers-of-protein-powders> [Accessed 03.02.2025].

Hirschfield, J. (2024). *Protein Powders May Be Doing More Harm than Good* [online]. Available at: <https://www.center4research.org/protein-powders-more-harm-than-good/> [Accessed 03.02.2025].

	Error	Analysis	Rewrite
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

Worksheet 2: Sports Nutrition (Kennedy, 2024) EXAMPLE

Task 2

Read the following text and identify and correct the ten errors. Complete the table below of the error, the reason why it is incorrect and your correction. Compare with your partner(s) when you have finished.

There is mounting concern over the true benefits of [redacted] used as a [redacted]. As many adults do not meet the recommended daily allowance of 0.8g of protein per kilogram of weight, many look for other ways to increase their protein intake through powdered forms of [redacted] (2024). Although protein is crucial for maintaining muscle and bone strength, too much protein could damage your kidneys and [redacted] contain high levels [redacted] been reported that one scoop of protein powder alone contains 23g of sugar, which is almost as much as one should consume in a day [redacted] levels are not always stated on the packaging either (Harvard Health Publishing, 2022, Hirschfield, 2022). This is because they are generally unregulated, meaning that the powders are not required to undergo testing to make sure [redacted]. Some of the ingredients [redacted] include caffeine, sweeteners and creatine, which can increase the risk of dehydration, muscle cramps and [redacted]. Even more worryingly, a study in 2018 reported that 75% of protein powders tested contained harmful toxins, [redacted] (Jared, 2024) with one protein powder consisting of “25 times the allowed limit of bisphenol-A”, according to [redacted] therefore, recommended that a diet rich in nuts, seeds, legumes, lean meat and oily fish can provide [redacted] Publishing, [redacted].

References

Harvard Health Publishing, (2022). *The hidden dangers of protein powders* [online]. Available at: <https://www.health.harvard.edu/staying-healthy/the-hidden-dangers-of-protein-powders> [Accessed 03.02.2025].

Hirschfield, J. (2024). *Protein Powders May Be Doing More Harm than Good* [online]. Available at: <https://www.center4research.org/protein-powders-more-harm-than-good/> [Accessed 03.02.2025].

	Error	Analysis	Rewrite
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

Error Correction Diary (Ref) EXAMPLE**Task 3**

Look back on any recent written work that you have received feedback on. Complete the table with at least five mistakes that you have made with referencing (Ref).

	Error	Analysis	Rewrite
1	The long-term impact of protein powders is currently [redacted]	When writing an in-text citation, we do not include [redacted]	The long-term impact of protein powders is currently [redacted]
2			
3			
4			
5			

Error Correction Practice: Referencing (Ref) ANSWERS

Task 1

	Referencing Errors	Rewrite
1.	From BDA website, nutrition is crucial for meeting the training requirements of athletes, whether they are recreational participants or elite performers.	BDA (2020) <i>claims that</i> nutrition is crucial for meeting the training requirements of athletes, whether they are recreational participants or elite performers.
2.	According to the (British Nutrition, nd), protein plays a vital role in sports performance by alleviating muscle soreness and supporting muscle repair.	According to the <i>British Nutrition Foundation, (no date)</i> , protein plays a vital role in sports performance by alleviating muscle soreness and supporting muscle repair.

ALL ANSWERS INCLUDED IN PAID VERSION...